





Strive to improve your weaknesses

Continuously adapt

Embrace "the grind" (aka discipline)





## Focus on ONE complex task at a time

Dual-task interference

### Professional Development Strategies for Individuals



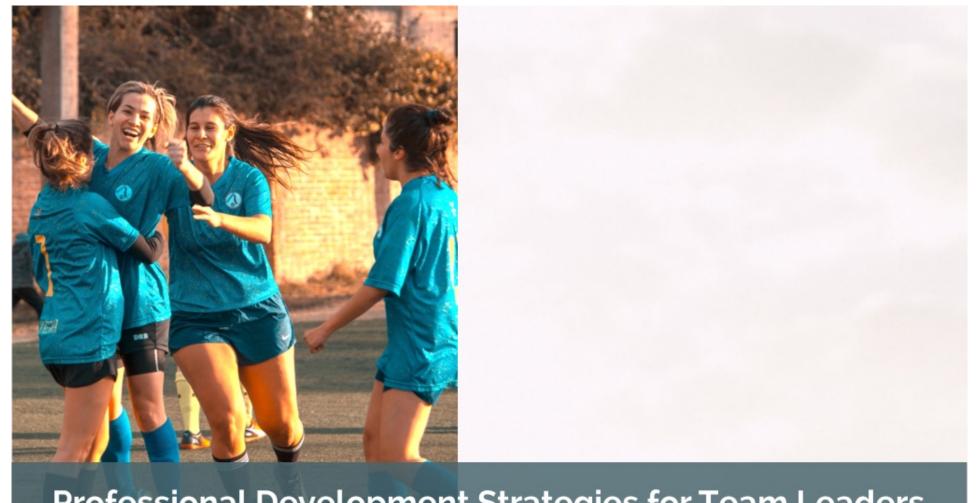
## Focus on ONE complex task at a time

Dual-task interference

Manage your schedule

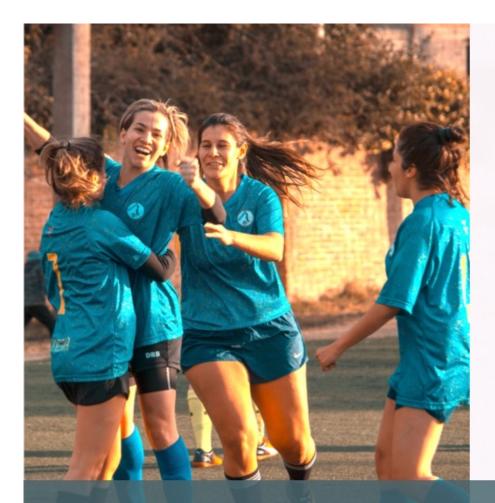
### Professional Development Strategies for Individuals







#### Build a "team-oriented" culture



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Communication + Transparency = *Cohesion* 

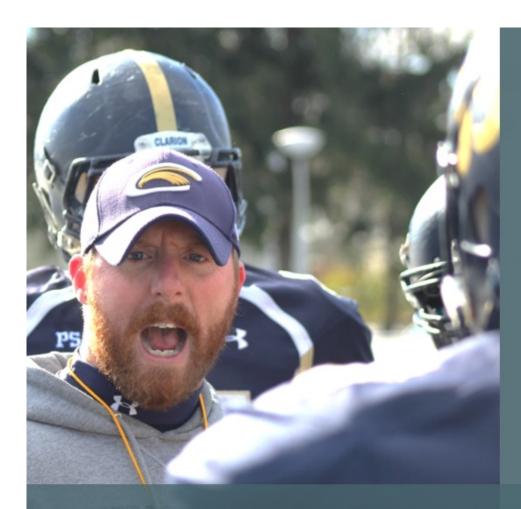


#### Build a "team-oriented" culture

Communication + Transparency = *Cohesion* 

Responsibility + Voice = Contribution







Would you rather be RIGHT or EFFECTIVE?



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"He let me have an ego, too."



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Honor those who are behind the scenes



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Kathryn Lee Senior Counsel, Tyson & Mendes





## Implement at least ONE thing tomorrow!

Dave Striegel, Ph.D. Striegel Performance Coaching



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