

# WHAT WORLD-CLASS SPORTS CAN TEACH US ABOUT TEAMWORK, LEADERSHIP & PROFESSIONAL DEVELOPMENT

NOVEMBER 6, 2019







**Dave Striegel, Ph.D.**  
Striegel Performance Coaching



**Kathryn Lee**  
Senior Counsel, Tyson & Mendes



# Professional Development Strategies for **Individuals**



# Professional Development Strategies for **Individuals**



Strive to improve  
your weaknesses

# Professional Development Strategies for **Individuals**

Strive to improve  
your weaknesses

Continuously adapt



# Professional Development Strategies for **Individuals**



**Strive to improve  
your weaknesses**

Continuously adapt

Embrace "the  
grind"(aka discipline)

# Professional Development Strategies for **Individuals**





Focus on ONE complex task at a time

## Professional Development Strategies for Individuals



**Focus on ONE complex  
task at a time**

Dual-task interference

## Professional Development Strategies for Individuals



**Focus on ONE complex task at a time**

Dual-task interference

Manage your schedule

## Professional Development Strategies for Individuals





# Professional Development Strategies for Team Leaders



**Build a “team-oriented” culture**

**Professional Development Strategies for Team Leaders**



## Build a “team-oriented” culture

Communication +  
Transparency = *Cohesion*

Professional Development Strategies for Team Leaders



## Build a “team-oriented” culture

Communication +  
Transparency = *Cohesion*

Responsibility + Voice =  
*Contribution*

**Professional Development Strategies for Team Leaders**



## Professional Development Strategies for Team Leaders





**It's not about YOU,  
it's about the Team**

**Professional Development Strategies for Team Leaders**



**It's not about YOU,  
it's about the Team**

Would you rather be  
RIGHT or EFFECTIVE?

**Professional Development Strategies for Team Leaders**



**It's not about YOU,  
it's about the Team**

Would you rather be  
RIGHT or EFFECTIVE?

"He let me have an ego, too."

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**It's not about YOU,  
it's about the Team**

Would you rather be  
RIGHT or EFFECTIVE?

"He let me have an ego, too."

Honor those who are  
behind the scenes

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**Implement at least  
ONE thing tomorrow!**

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